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 metamorphosis
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 tadpole
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Ripon Senior Center

433 S. Wilma Ave.
 Ripon, CA 95366
 Phone: 209-599-7441
 E-mail: seniorcenter@cityofripon.org



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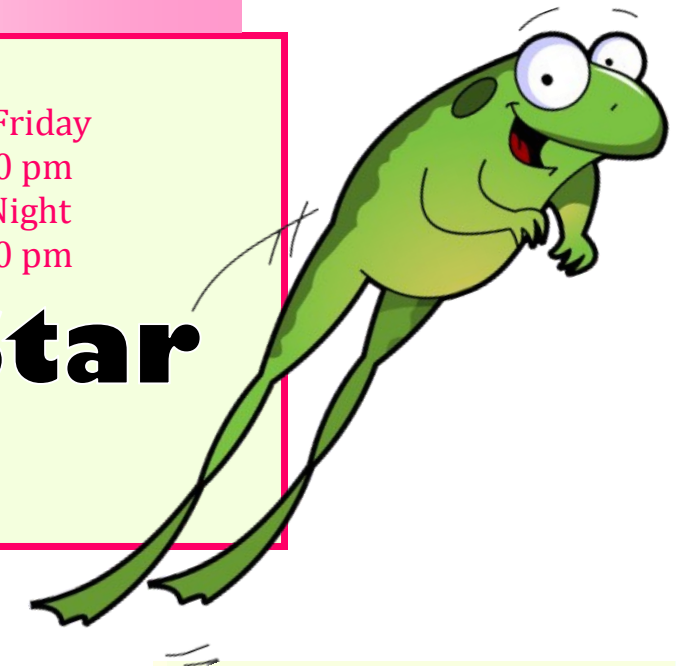
AGE IS MERELY THE NUMBER OF YEARS THE WORLD HAS BEEN ENJOYING YOU.

RIPON SENIOR CENTER
 433 S. Wilma Avenue
 (209) 599-7441
 seniorcenter@cityofripon.org

HOURS
 Monday—Friday
 8:30 - 3:00 pm
 Thursday Night
 6:00 - 8:00 pm

The Senior Star

Spring 2018



50 and older?

If you are age 50 or older, you are eligible to use the Ripon Senior Center. You may choose to participate in any of our classes, activities, pot lucks, holiday events and day trips.

We are currently open on Thursday nights for ceramics and a meditation class. We are looking to add more activities on Thursday night for those 50 somethings still working. If you would like to suggest an activity to add, call the center at 599-7441 and speak to either Teri or Connie. Your ideas are always welcome.

If you are over 60 you may participate in our meal program that serves a hot lunch Monday thru Friday at 11:30. For this program you need to sign up in advance and the cost is a donation to the San Joaquin Department of Aging.

If you join our non-profit "Friends of the Ripon Senior Center" you will receive our newsletter quarterly, so you can stay up to date on all our activities. Also, all membership dues go back to the center to help fund classes and activities.

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Special points of interest

- Game Day
- Ladies Spring Tea
- Kitchen Volunteer Needed

Holidays Closed

Monday, May 28th in observance of Memorial Day
 Wednesday, July 4th in observance of Independence Day

City of Ripon

Senior Center Staff

Coordinator

Teri Silva

Assistant Coordinator

Connie Goddard

Bethany Home

Kitchen Staff

Head Cook

Trisha Vargas

Assistant Cook

Patty Vieira

Friends of the Ripon

Senior Center

Board of Directors

President

Pat Van Dorst

Vice President

Katie Nielsen

Treasurer/Secretary

Linda Curtis

Members at Large

Deb Tornell Donna Slayter

Jim Love Joan Flowers

Sharon Butler

Presidents Corner

The Friends of the Ripon Senior Center have had a busy 3 months this year. We have had 3 of our Bingo fundraisers and the Almond Blossom Craft & Bake Sale. A big thank you goes to all who volunteered for this fundraiser. We sold 600 cream puffs and earned a little over \$2000.00 for the Friends. With these funds, along with your membership dues, we can continue to support the Ripon Senior Center. As you know, The Friends of the Ripon Senior Center provide fundraising activities for items needed at the center. Through our fundraising, we have provided the kitchen with a new dishwasher and will be providing a new stainless-steel counter on the island in the kitchen. It is nice that we are able to make these contributions to the center. If you have not already joined the Friends, I would encourage you to do so. Also, if you are looking for a place to volunteer we have many opportunities available. Contact me at 209-338-8669 for more information.

I would also like to give a big thank you to Teri Silva, our center coordinator, for her time and effort put forth in keeping the center open. If you have any ideas or suggestions about programs or activities for the center be sure to stop in her office and let her know.

Enjoy the many activities here at the center and
REMEMBER – IT'S GREAT TO BE A SENIOR!!

Attitude is the true measure of age.

Craft & Bake Sale Re-Cap

The annual Almond Blossom Craft & Bake Sale was a success! Thank you to all the bakers who brought in the delicious looking cakes, cookies, breads, pies, brownies, etc. We were sold out of all baked goods by the end of the day on Saturday! The cream puffs were perfect, and we must say a special "thank you" to Nettie, Adri, Edith, Mary and Stacey. The crafters had beautiful items that tempted all that attended. Overall, we had excellent attendance, excellent help from all that volunteered and hope to build on this every year.

Friends Membership

If the 2018 membership renewal form was in your newsletter this month, it's time to renew your membership. This will be the last newsletter sent to members who have not paid their yearly dues. Remember all membership money goes directly to the non-profit organization, Friends of the Ripon Senior Center, and helps provide funds for new programs and equipment for our center. This year we are hoping to purchase a dishwasher for the kitchen. Also remember you can donate anytime to the Friends and it is **tax deductible!**

Walking Group

Are you interested in a walking class? As soon as the weather warms, we will begin. The walking route will be on city sidewalks or on the walking path near the Jack Tone golf course. Beginners welcome. If you are interested in joining please call the senior center or check the bulletin board for a sign-up sheet. We will be working on a day and time when we get enough people interested.

Art & Craft Classes

Ripon Senior Center art program has improved with the addition of a new art teacher, Inga Perry. She will be teaching drawing using several mediums: pencil, charcoal, colored pencil and pastel. Inga started teaching in March and was a great success. She will be back again in May or June.

Shirley Brocchini will be teaching an oil painting classes starting in April. If you are interested in learning more about painting, come by and check it out we are always looking for more beginning artists. For more information, call 599-7441, or visit our webpage at: <https://rscfriends.wixsite.com/rscenter>

The art and craft people are requesting donations: Wine corks, yarn, fabric and a used but functional laptop. Please drop all items in the art room. Thank you

Painting with Tread

The Senior Center has a new class that meets on Mondays at 1:00 in the dining room.

Colleen Gollinger can instruct you on cross stitch & embroidery. She has plenty of supplies so come by and see all the wonderful projects that you can make.

Game Day

Game time is held each Monday from 12:30 p.m. until 2:00 p.m. at the center. At the present time, several people are enjoying a good game of dominoes, but other games are also available. If you are looking for a place to spend the afternoon and have some fun, be sure and join us.

Kitchen Volunteer Needed

The Ripon Senior Meal Program is looking for a kitchen helper for Wednesday's from 10:00 to 1:00 starting in May. The duties include, packing food for meals on wheels, dishes and helping serve lunch. If you are interested contact Teri or Connie at 599-7441.



UPCOMING EVENTS

Membership Picnic

July will be here before you know it so mark your calendar for July 7th and the Annual Senior Center picnic. Last year over 50 attended this event and had a great time. There will be fun, games food and entertainment.

The picnic committee, Jim Love, Dottie Love, Marion Sargent, Patty Sargent, Paulette Keizer and Pat Van Dorst have great things in store for the day (and maybe a few surprises). David and Julie Raines will be providing the entertainment you won't want to miss.

Watch for signup information in June and be sure to mark the date!!!

Star Gazing

Star Gazing our Galaxy, has been rescheduled for April 20, Friday at 7 pm. The first 15 minutes will be a presentation in the main dining room at Ripon Senior Center. After a brief chat by our MJC Science guy, Fred Yerzy, we will walk outside to view the galaxy on 2 large telescopes.

Children have no school the next day, so they can enjoy this experience. Event open to the public. All children must be accompanied by an adult.

Be prepared to wonder at the galaxy, weather permitting. Bring a lawn chair, snacks, flash light, lap blanket and binoculars. Weather permitting, call 24 hours prior, 599-7441. Event sponsored by Friends of the Senior Center.

Potluck Dinner

The Ripon Senior Center's monthly Fellowship Potluck dinners are held on the 4th Monday's of each month at p.m. It is an evening of social enjoyment with our fellow seniors while enjoying a meal and various types of entertainment.

Each person brings a 'dish to share' – either a hot dish, salad, or dessert enough for 6-8 guests. Coffee is provided by the committee. If you do not wish to bring a dish, a donation (usually \$5 per person) is appreciated. Bring your own 'table setting' and come for dinner with friends – maybe make some new friends!!

The schedule for entertainment for this next quarter is:

April 23rd – Ken Vande Kieft with his "Zero Visibility Band" his a truly unique and beautiful sound that you don't want to miss.

May 28th – Polynesian dancers

June 25th – Funstrumers ukulele band – Hawaiian music and dancing – Always a hit with the guests. Wear your Hawaiian attire for an evening of lively music and song. Maybe you want to bring your favorite Hawaiian dish or fruit tray to share.

We hope many of you will come and join us for this relaxing and yet fun evening. If you have any suggestions for future entertainment, feel free to contact Ardel Fredrick 599 3070. She's always anxious to have some new ideas and participants.

Look forward to seeing you all there!!!!

Katie Nielsen - Coordinator - Senior Potluck Group
209 599 9530 - email - bzktmom@yahoo.com

CLASSES

YOGA

The Yoga class meets in the library every **Monday** from 9:30 to 10:30. The cost is \$5 per session. Don't forget your mat!

YOUNG AT HEART

Every **Tuesday** and **Thursday** from 9:00 to 10:00. The Young at Heart class meets, this class is led by an instructor and uses exercise bands to help with balance and stamina. The cost is a donation to the American Heart Association.

OIL & ACRYLIC PAINTING

Every **Wednesday** from 10 to 12 in the art room there is a painting class. We have 2 art teachers that rotate months. Shirley Brocchini teaches oil painting and Donna Slayter teaches acrylic painting. Each month the group starts a new project. The cost is \$10 per session and alternates between oil or acrylic, and beginners are always welcome.

GLASS FUSING

The Glass fusing class is scheduled for **Thursdays** from 9:30 to 11:00. Please come in or call to sign up in advance, these classes can hold up to 9. The cost depends on the project and the amount of glass used. All glass and tools are supplied.

MEDITATION/RELAXATION

The Senior Center has a Relaxation/ Meditation Group that meets every **Thursday** evening at 6:00 pm for about an hour. Marian McGlothlin, CMT, leads participants down a path towards relaxation using music & visualizations. Good for stress. No experience needed.

ACTIVITIES

MONDAY:

12:30 Game Day

1:00 Cross Stich Class

TUESDAY:

10:00 Coffee Talk

12:30 Pinochle

WEDNESDAY:

12:30 Dementia Support

Grocery Bingo * \$1 per card

THURSDAY:

12:30 Pinochle

THURSDAY NIGHT:

6-p.m. Ceramics, Meditation

FRIDAY:

12:30 Movie

MONDAY - FRIDAY 8:30 to 3:00

Ceramics Club * \$4 per session

Fitness Center

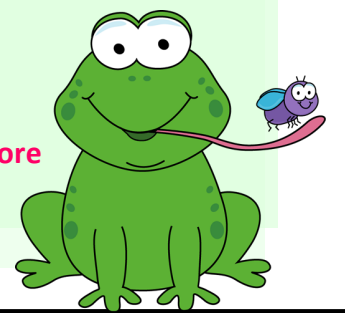
Pool Room

Lending Library

Puzzle Table

Crafters Corner Store

Meal Program



MONTHLY ACTIVITIES

- ◆ Free Mobile Farmers Market 2nd Thursday at 10:00
- ◆ Brown Bag Program 2nd & 4th Wednesday
- ◆ Friends Board Meeting 3rd Thursday at 10:00
- ◆ Bingo Night 3rd Tuesday at 5:00
- ◆ Fellowship Potluck 4th Monday at 6:00
- ◆ Senior Lunch Program, reservations required, M-F 11:30

UPCOMING FUNDRAISERS

Bingo Night

B – READY FOR A NIGHT OF FUN

I – NVEST IN YOUR FUTURE WITH GREAT PRIZES

N – ACHO'S, HOT DOGS, DESSERT

G – REAT TIME FOR EVERYONE

O – WILL YOU BE SORRY YOU DIDN'T COME

Mark your calendar for the 3rd Tuesday of every month for our BINGO FUNDRAISER!!

Doors open at 5 p.m., games start at 6 p.m.

Snack bar is available. Tickets are \$15.00

and can be purchased at the Center or at the door!!

April: will have free pizza with the purchase of ticket.

May: we will be having a food drive for Inter Faith Ministries.

June: we will be celebrating the start of summer with a Beach theme.

**If you would like to volunteer or have questions,
call Pat Van Dorst 209-338-8669.**



Ladies Spring Tea

The Friends of the Ripon Senior Center are hosting their annual Ladies Spring Tea Luncheon fundraiser on **Saturday, May 5th** from 11:00 to 1:00. This event will feature a luncheon, door prize and a raffle. Tickets are \$15.00 and will be sold in advance.

This year the event is open to all Ladies 12 and older. They still have a couple of hosting opportunities so if you are interested in hosting a table call Teri at the senior center for more information.

If you are interested in tickets for this event call or come by the senior center. This event is a great way to celebrate Mother's Day with the special women in your life.

Fundraising Committee Members Needed

The 2 Craft & Bake Sales that occur every year are growing by leaps & bounds. It is becoming increasingly challenging for one person to coordinate these events. We are looking for 2-4 individuals that can assist or take over this project. The Almond Blossom Craft & Bake Sale is usually the last weekend of February and the Holiday Boutique & Bake Sale is held the weekend before thanksgiving in November. Please contact Linda Curtis at 365-3922 if you are interested or want more information. It takes volunteers to continue these successful fundraisers.

Grocery Bingo

Grocery Bingo is held on Wednesday afternoon from 12:30 p.m. until 2:00 p.m. Card cost is \$1.00 each and if you bring 3 prizes on the first Wednesday of each month, you will receive a free game card. We have a great variety of prizes and you won't want to miss the fun.

Lending Library

The Senior Center has a lending library open Monday—Friday. If you would like to borrow a book come by anytime, just remember to return them when you're done. Thanks!

RS Travel's

Our travel group is friendly and fun loving. We've been on several bus trips in the last 3 years. We have a new bus trip planned for January 11, Thursday. The bus will depart RSC at 8 am and deposit us at the Jelly Belly Factory in Fairfield. Our happy travelers can tour the factory or sample their pastries or fresh fudge with hot coffee. There is a large café and comfortable seating for everyone. The gift store is large and offers many fun items.

Our bus will travel a short distance to The Vacaville Premium Outlets for lunch at Tahoe Joes. Or you might choose a different eatery in the vicinity. There will be time to shop the outlets. It's your choice... relax and enjoy the day or be active. Walkers and canes are welcome. Our bus has ample room for both. The factory has an elevator for your convenience.

After the holidays we need to get out and enjoy life with friends. Let's leave the foggy gloom behind and have fun. We will leave the driving and parking to our capable bus driver. Please join us. Invite a friend. We will have a great time.

Please see Teri in the office for a bus receipt. 599-7441. To be added to travel updates and offers, email ---RSTravel1@outlook.com

Senior Meal Program

Did you know the Ripon Senior Meal Program is open to ALL RIPON SENIORS 60 AND OLDER?

The meal is provided through a partnership between the City of Ripon, Bethany Home and the San Joaquin County Department of Aging.

The meal program staff prepares and serves a hot, nutritious lunch Monday thru Friday at 11:30 a.m. The meal is open to all seniors ages 60 and over, the cost is a donation to the San Joaquin County Department of Aging.

Meals on Wheels are also available for any homebound seniors. Call or come by the center to fill out an application form and sign-up to eat.

The meal is always tasty and the fellowship fun. You can always stay and shoot a game of pool, play pinochle, or play an afternoon game of bingo.

